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Board Certified -- Internal Medicine

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Weight Loss Consumer Bill of Rights

(Required form by FL. Statues 501.0575)

1. The Weight Loss Consumer Bill of Rights shall consist of the following provisions:
 - a) Warning: rapid weight loss may cause serious health problems. Rapid weight loss is more than 1 ½ to 2 pounds per week or weight loss of more than 1% of body weight per week after the second week of participation in the weight loss program.
 - b) Consult your personal physician before starting any weight loss program.
 - c) Only permanent lifestyle changes, such as making healthful food choices and increasing physical activity, promote long-term weight loss.
 - d) Qualifications of this provider are available upon request.
 - e) You have the right to:

2. Ask questions about the potential health risks of the program and the nutritional content, psychological support and educational comments.

3. Receive an itemized statement of the estimated price of the weight loss program, including extra products, services, supplements, examinations and laboratory tests.

4. Know the actual or estimated duration of the program.

5. Know the name, address, and qualifications of the physician, dietician, or nutritionist who has received and approved the weight loss program according to 468.5055 (1)(1). Florida statutes.

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